



**BIRLIK**  
SINCE 1968



## HERBS

### Oregano | *Origanum onites*

There are mainly two different varieties of oregano commonly traded in the industry. *Origanum onites* is the main variety that grows in Turkey. *Origanum vulgare* variety is also available from this region. Oregano in nature has above 3 % volatile oil. Available in Whole and Ground forms.



### Sage | *Salvia triloba* *Salvia officinalis*

Sage is available in two varieties. *Salvia officinalis*, imported from Albania or Dalmation Coast is also cultivated in Turkey. This variety mainly goes to the USA. *Salvia triloba* is the Turkish Sage which grows wild and mostly consumed in Europe and Far East.



### Thyme | *Thymus vulgaris*

Thyme is a relative of Oregano. Oregano is mostly traded in the market as thyme. The essential oil of common thyme, contains 20–54% thymol which is an antiseptic.



### Laurel Leaves | *Laurus nobilis*

Also called bay leaf, this aromatic herb is manually collected from the evergreen bay laurel tree which is native to the Mediterranean. The oval-shaped Mediterranean or "true laurel" leaves is the variety most commonly found in the market. Largely supplied by Turkey, these have a more subtle flavor than the oilier, more narrow leaves produced by laurel trees grown in California.



#### Harvest Time:

Typically all herbs and seeds are harvested in July-August. Laurel leaves is collected between August-April continuously.

#### How To Store:

Keep in cool and dry place away from sunlight. Warehousing area must be suitable for food storage.

## SEEDS

### Cumin | *Cuminum cyminum*

Cumin is a member of the Apiaceae family. Turkey supplies around 7% of the world's cumin consumption. Birlık is the largest processed Mediterranean cumin supplier. We also cultivate our own cumin. Cumin is available in whole seed and power form.



### Aniseed | *Pimpinella anisum*

Anise is sweet and very aromatic, distinguished by its characteristic flavour. The seeds, whole or ground, are used for preparation of tea as well as in a wide variety of regional and ethnic food and drinks. Available in Seed and powder forms.



### Fennel | *Foeniculum vulgare*

Dried fennel seed is an aromatic, anise-flavoured spice, green in color when fresh and it becomes greenish brown in time. Fennel, like many other spices is used for culinary, medicinal, cosmetic, tea and baby food purposes. Birlık exports nearly %80 of Turkish Fennel to the world.



### Poppy | *Papaver somniferum*

Poppy seed is an oilseed obtained from the opium poppy. The seeds are used, whole or ground, as an ingredient in many foods, and they are pressed to yield poppy seed oil. There are white and blue poppy seed. Turkey supplies mostly blue poppy seed to EU countries and USA. Birlık can supply poppy seed with up to 99.9% cleanliness.



#### Organics:

All of our products are also available as Certified Organic.



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